

2025 FALL VOLLEYBALL PROGRAM

TENTATIVE LEAGUE STARTING DATE: Sept 2nd, 2025

FEE: \$345.00 (Check, Cash, Money Orders, VISA, MasterCard, or Discover are accepted)
(Fee Breakout: \$163.00-Facility rental, \$177.00 Awards, balls, officials, Administrative costs)

DEADLINE: Friday August 1st, 2025

LATE ENTRY FEE: We will be charging a \$30.00 late entry fee, if your roster is accepted.

REGISTER ONLINE www.rochestermn.gov/sports

or
**PAPER MAIL TO/
DROP OFF LOCATIONS:** Parks & Recreation Office or National Volleyball Center
201 4th Street S.E.-Room 150 2601 Viola Road NE
Rochester, MN. 55904 Rochester, MN. 55906

OFFICE PHONE NUMBERS: Daytime contact the Parks & Recreation Office @ 507-328-2525
Evening contact the National Volleyball Center @ 507-328-2550

ROSTERS: Teams may have up to 12 players on their roster as regular members. Teams can also add people they will use as subs up to a 20 person team max. Please designate your subs on the roster by putting (S) in front of their name. Players can only be a regular rostered member for one team a night. Individuals can only play on one team per league per night. Changes to the rosters can be made through the 5th night of the season.

RELEASE WAIVER: In order to participate in league play, all managers, coaches, and players must sign the release waiver of liability before they play.

SCHEDULES: Will be posted online one week before the season starts

REFUND POLICY: Once schedules have been completed – NO REFUNDS WILL BE GIVEN.

NO HOLDING OF CHECKS: The Parks and Recreation will not hold any checks. If you have a sponsor, their check must be in our department along with the roster on deadline day. We will not hold your check until your sponsor's check comes in. We will not accept any postdated checks or two party checks.

LEAGUES: Men's leagues are offered Monday.
Women's leagues are offered Monday & Thursday.
Co-ed Leagues are offered Tuesday and Wednesday.

Naming system: All nights will use the same league NAMES in order of ability playing that night.
(Blue, Red, White, Green, Yellow, ...)

Higher → Lower

EX:	Level	New League Name
	Top League on Wednesday	Coed Wednesday Blue
	Top League on Tuesday	Coed Tuesday Blue

If your team is looking to practice before league starts, the **NATIONAL VOLLEYBALL CENTER** has courts you can rent and open gym times you can stop in to play pick – up games. The cost for court rental is \$31.00 plus tax per hour. Open gym is \$6.00 for adults and \$5.00 for youth. For more information, please call 328-2550.

REMINDER: OUTSIDE SHOES NOT ALLOWED ON THE COURTS.

Preliminary League line up

New teams will be assigned to leagues in the level requested according to availability.

Small letter on the right side of the league name cell is the ability level of that league.

Monday		Tuesday	Wednesday	Thursday
Men	Women	Co-ed	Co-ed	Women
Blue A	Blue A	Blue A	Blue B	Blue B
Need more teams to hold this division	Autonomy Tattoo Hov's Plumbing Ligerades Safe Sets Slow Rollers Thrive Willeness		Eagles Club Backcourt Babes Drama Llamas PTWEKBADLLMM	I'd Hit That Mustache Crew Volleypalooza Butt Sets
Red B	Red B	Red B	Red B	Red B
Blaring Kazoos Court Sloths Little Jerry Off in the Corner Pterodactyls PTSD The Underdogs	Ace Holes All Shook Up Athleticism Schultz Crete Services Setsy & We Know It Tequila	Bad Aces Crane Pest Solutions Flurry How I Set Your Mother Pound Sand Screech Owls	A-Wall Hit or Miss LFG Sets On The Beach Setsy and We Know It Spiked Punch	Aces Out All About That Ace Stop Sucking Stranger Swings Sideout Two Bump Chumps
White c	White B	White c	White c	White c
Balls Deep Better than Nothing Dinker Pills Glynnner's Spit Blue Hit This Just the Tip	Ball Bangers Basement Sessions Chaos Dirty Sets Circle Drive Dental Getting Diggy With It Pass and Hitties Summit Spikers	Beta Blockers Big Dig Energy Celebrating Mediocrity Hitlist No Diggity Sandy Bandaidas Sonova Beach Werewolf Dolphins	A Nice Tight Set Bad Aces Glynners Spit Blue Got Shovels? Start Diggin' Hit For Brains I'd Hit That My Other Friend Group Net Ninjas That Team Sodbusters	Eagle Drug Glynnner's Big Hitters Nice Hits Oh Brian's Babes Over The Net Protein Spikes Shar's
	Green c	Green c	Green c	Green D
		A Trivial Pursuit Dangles & Dives Hot Diggity Net Hackers One Hit Wonders Pacer Spikes Pink Pony Club Sconiesotans SpondyloHIThesis	Soft Balls I'd Hit That Thunderlor Call Before You Dig	Busch State Farm Can U Dig It Here for Beer Looking For Inspiration Sugar and Spike Wanna Pizza Us
		Yellow D		
		Ace Inhibitors Fluoro Fighters Hot Chili Our team has personality Spike Protein The Skid Marks Wrecking Ballz		



Have a fun season,
Darla Heikes
Adult Indoor Volleyball Coordinator